



AMANYANGYUN
养云安缦

Activities & Excursions

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Welcome to Amanyangyun

The culmination of an ambitious feat of architectural and ecological conservation, Amanyangyun is a peaceful sanctuary on the outskirts of Shanghai. Within a rescued forest of camphor trees beside a tranquil lake, Antique Ming and Qing villas are complemented by contemporary suites, fine-dining restaurants and a comprehensive Aman Spa.

Amanyangyun's setting belies its proximity to Shanghai's metropolitan heart; the historic Bund district, along with cultural, dining and shopping attractions, are all an easy drive away. The property itself offers a plethora of activities, or head further afield to explore the traditional canal town of Zhujiajiao and the cultural hubs of Zhouzhuang and Suzhou.





Nature Experiences

Amanyangyung is a sacred green haven with a remarkable story. Its giant camphor trees seeded themselves in Fuzhou a millennia ago, but today they reach for the sky on the outskirts of Shanghai. Nature extends beyond Amanyangyun into the 1,000-acre (400-hectare) Forest Park. Picnic in emerald forest glades, jog through dappled sunlight or cycle through the soothing shade. Guided Tai Chi, yoga and meditation can also be arranged.

Where the forest ends at Amanyangyun, expansive lawns begin, rolling to the shores of a beautiful lake. Here you'll find Arva, our Italian restaurant, which complements our outdoor activities with alfresco dining experiences.





The largest of all the camphor trees moved from Fuzhou, the King Camphor tree stands at the heart of Amanyangyun, a symbol of renewal and hope. Join us for a special blessing or let your little ones learn about starting small, growth and new beginnings.

King Camphor Tree Blessing

No visit to Amanyangyun is complete without watering the King Camphor Tree. An experience completely unique to Amanyangyun, guests are invited to nourish the tree with water from an ancient well, followed by a screening of the 20-minute-long Amanyangyun documentary film in our very own IMAX Cinema. Reflecting on the past to enrich the future, the film tells the moving story of the resort's 16-year-long creation and can be followed by a guided architectural tour of the resort's historic Antique Villas.

King Camphor Tree Seedlings

In homage to this special tree, Amanyangyun introduced a King Camphor Tree Seedlings Program, cultivating the seeds that fall from the tree by drying, selecting and sowing them by hand. The resort's gardeners carefully nurture the seedlings to germinate, before transferring them into pots in the Cultural Discovery Centre where little ones are invited to assist, learn and share the responsibility for these precious plants, securing their future for years to come.

A Gift for the Future

Those who visit Amanyangyun in spring and autumn every year can expect to receive a special gift during your stay – camphor seeds from our forest that you can take home.



Organic Garden Tour

Amanyangyun's 200-square-metre organic garden provides the resort's kitchens with a wide range of homegrown herbs, fruits and vegetables. Visit the resort's green heart on a guided tour, learning about seasonal harvesting, and pick fresh produce with Amanyangyun's chef. What you pick might well end up in our signature Arva Salad, made solely with vegetables grown in the garden.

Boating Afternoon Tea

The perfect way to unwind while taking in Amanyangyun's beautiful surroundings. Step aboard our canopied wooden boat and float across the lake, admiring graceful black swans as they glide silently by. Feel the peace of nature while sipping on a freshly brewed cup of tea and enjoy a delectable spread of sweet and savoury treats prepared especially for you by our head chef.

Lakeside Tent Experience

Indulge in an unforgettable evening outdoors with picturesque views over the water to the forest beyond. Dine beneath an elegant canopy set up adjacent to the lake, accompanied by the gentle sounds of dusk. Your menu will include Arva's finest culinary creations, celebrating the generous, heartwarming cuisine of Italy.





Cultural Immersion

A land that has mystified and fascinated outsiders for centuries, China boasts one of the world's oldest civilisations. A visit to Shanghai, and to Amanyangyun in particular, offers travellers a kaleidoscope of old and new, as well as a unique chance to experience the culture, arts and history of this vast country firsthand.

The property's Antique Villas, moved stone by stone from Fuzhou along with the giant camphor trees, make a superb starting point for a deep dive into China's past. Then head to Nan Shufang, the cultural heart of Amanyangyun where learning is celebrated in a host of engaging ways. A tea ceremony at Bei TeaHouse is not to be missed and kids will love their time at the Cultural Discovery Centre.

Please also enquire about art exhibitions – either in the vicinity of Amanyangyun or in our very own art space – a light-filled, sunken pavilion designed exclusively for art by the late Kerry Hill.



Antique Villas Architectural Tour

Built for and inhabited by the scholars and literati of the Ming and Qing Dynasties in Fuzhou, Amanyangyun's antique villas tell remarkable stories – not just their tale of two provinces. According to the family trees and inscriptions carved into the stone plaques they feature, some of the villas can be traced back more than 600 years.

When the houses were originally constructed, they were embellished with their owners' ideals, hopes and expectations for future generations. Discover these messages from the past as you embark on a journey back in time with a guided tour, learning more about previous inhabitants' dynastic way of life.



Nan Shufang

Named after the royal reading pavilion in the Forbidden City, Nan Shufang is the cultural heart of Amanyangyun, where guests can join cultural classes and experience traditional rituals.

Dedicated to Chinese art forms and the pursuit of knowledge, it is a cultural centre housed within the most architecturally impressive antique buildings to have made the journey from Fuzhou. Enhanced with furniture crafted from the nanmu wood characteristic of Ming interiors, Nan Shufang is a modern-day recreation of the scholars' studios of ancient China's literati – a space to learn, contemplate and practice traditional crafts such as calligraphy, music and painting.

Across a landscaped courtyard, nine gracious private rooms host traditional tea and incense ceremonies, while the King Camphor Tree stands near the entrance – a compelling visual reminder of Amanyangyun's journey into being.

Schedule available at reception.

The Way of Tea — The Chinese tea ceremony is a ritual of peace and hospitality practiced for thousands of years.

The Art of Incense — The incense ceremony is designed to calm the spirit and nourish the soul. This incense ritual will focus on balancing the mind in the present moment.

Guqin (Chinese Zither) — Learn the rudiments of the Chinese scholar's most beloved instrument, also known simply as the 'qin'.

Chinese Calligraphy — One of China's best known art forms, calligraphy is a visual art related to writing.

Chinese Painting — In examining Chinese brush painting we gain insight into the viewpoints and preoccupations of ancient China. Brush paintings embody the scholar's philosophy and morals.



Bei TeaHouse

Just as much as spiritual destination as a place to enjoy this Chinese tradition, Bei TeaHouse rests just moments away from the resort, in the heart of the Yangyun community. A sanctuary for brewing and drinking tea, Bei TeaHouses invites Amanyangyun guests to find balance by participating in one of China's most popular and enduring rituals.



Cultural Discovery Centre

With the King Camphor Tree near the entrance, the Cultural Discovery Centre at Amanyangyun is a popular meeting spot for younger Amanjunkies. It welcomes guests at all ages, in particular children aged 5 to 12, and offers a variety of experiences to help junior guests discover China's rich cultural heritage. It also offers bicycles for exploring the property's natural realm.

Open Monday to Sunday, 9am to 6pm



山打根
1891
No. 10, 1911
Bornite
Lanthanite, Prase and Magnetite
Museum
No. 10, 1911
Bornite, Lanthanite, Prase and Magnetite
No. 10, 1911



Art at Amanyangyun

Since 2021, Amanyangyun's local community has organised several large-scale art exhibitions, multiple gallery group exhibition projects and solo exhibitions by renowned artists from across China and further afield. These exhibitions have showcased the works of almost a hundred well-known artists, including Florentijn Hofman, Hajime Sorayama, Yi Ding, Yulong Huang and Murakami Takashi.

Guests of Amanyangyun are invited to make priority appointments and visit these exhibitions which offer fascinating insight into the work of both local and international artists.





Excursions

Amanyangyun is a historical hideaway on the edge of a vast city. Situated in Maqiao Town in Shanghai's Minhang District, the resort is an unforgettable rural retreat approximately 45 minutes' drive from the city centre.

Close to Qizhong Golf Course, Forest Sports City Arena and Forest Park, Amanyangyun is also ideally located for day trips to the region's historic water towns.

AMANYANGYUN

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