

A photograph of two young girls running on a sandy beach towards the ocean. The girl in the foreground is wearing a white, sleeveless, knee-length dress and has her hair in two long braids. She is running barefoot. The girl behind her is also wearing a white dress and is also running barefoot. The ocean is a vibrant turquoise color, and the sky is a clear, bright blue with a few wispy white clouds. The overall scene is bright and sunny, capturing a moment of joy and freedom.

**amanpuri**

Family Experience  
Guide

## Activities for Families

Amanpuri embraces families and children of all ages with a diverse array of daily activities, from hands-on adventures opening eyes to the wonders of the natural world to Thai art, craft and dance sessions encouraging creative expression.

In our diverse and detailed programme, workshops explore the culinary arts, wellness sessions promote harmony and two hubs – one dedicated to younger children and the other to teenagers – offer everything from fresh-water aquariums and chill-out spaces to skateboarding half pipes and bouldering walls. There's also a Digital Room stocked with GoPros and the latest technology for budding filmmakers.

For further information about any of the activities mentioned in this guide, please contact our guest assistant team.



## Hubs for Children and Teenagers

### **The Eco-Beach Discovery Centre**

Open from 9am to 5pm

The Eco-Beach Discovery Centre is the hub of our activities for children aged five and above. It has its very own Nature Museum including custom-made terrariums, a fresh-water aquarium and a unique collection of Thailand's indigenous butterflies. Outside, there are turtle and koi ponds, a vegetable and herb garden and an orchard. Cosy hammocks and bean bags invite downtime on the deck.

We offer half- and full-day programmes, as well as a variety of à la carte activities to choose from.

Babysitting services are also available.

### **The Hot Spot**

Open from 9am to 5pm

The Hot Spot is the ultimate environment in which young people aged 12 and above can relax, challenge themselves and enjoy new experiences. It offers a skateboarding half pipe, bouldering wall and Digital Room for those wanting to try out their filmmaking skills.

Half- and full-day programmes, as well as a variety of à la carte activities, are available.





## Science and Nature Activities

Our science and nature activities give children the chance to explore Amanpuri's educational indoor and outdoor spaces, learn about Thailand's plants, animals and their habitats, and express themselves creatively. Activities are ideal for children aged five to 12.

### **Aquarium Introduction**

Explore the ecosystems of our fresh-water aquarium, reptile and snail terrariums, turtle and koi ponds. Observe the animals in their habitats, discover what it takes to make an ecosystem work and create your very own mini snail zone. This activity is designed to raise awareness and promote stewardship of our natural environment.

### **Critter Safari**

Join us for a critter hunt on the beach, or at the edges of our turtle and koi ponds. Learn about Thai reptiles, birds, butterflies, frogs and crickets, as well as techniques for collecting specimens and recording information. Along the way, create your own nature journal about the plant and seashore specimens you find.

Complimentary

### **Farming Fun**

Our Chef's Garden is an excellent place to start learning about Thai farming. Discover how to grow and cultivate different plants and learn why farming is so important to the people of Thailand. Design your own paper plant pot and plant a seed of your choosing.

Complimentary

### **Sand Sculpting**

This is no ordinary sandcastle session. Master the art of sculpting with beach sand and ocean water to create a shoreside work of art.

Complimentary

### **Aman Treasure Hunt**

Treasure has been buried around Amanpuri and now it is up to your family to uncover it. Dress up like a pirate and use a compass to follow the pirate map. Along the way, you will find vital clues, explore artefacts and delve into the history of the pirates of the Andaman Sea.

Complimentary



## Creative Kids

In Amanpuri's creative sessions, children can cook their own inspiring dishes, make a Thai kite, design a batik scarf or master new dance steps, with local artists on hand to guide them.

### **Cooking Class**

Fun and interactive, young chefs will learn basic cooking techniques while preparing their very own meal or choice of treats. Careful supervision and instruction ensure success for both novice and more experienced culinary maestros, building confidence and inspiring creativity.

### **Batik Corner**

An ancient art form, batik involves applying wax to fabric in intricate patterns, then dyeing the cloth. The wax resists the dye, leaving unique designs once the wax is removed. Create your own batik T-shirt, scarf, head wrap or wall hanging, while learning the Thai word for each colour used.

Complimentary

### **Thai Arts and Crafts**

Craft a pretty necklace from coconut beads or weave palm leaves together to create a decorative dish. Master the traditional Thai arts of fruit carving, making and flying kites and Thai flower arranging.

Complimentary

### **Thai Dancing Lessons**

Choose between Li-khe, a funny and engaging dance, or Khon, a Thai masked performance. Children will make their own decorative costume and mask, then try out their skills in this popular Thai art form.

Complimentary

### **Jasmine Garlands**

Thai floral garlands are traditionally given as tokens of welcome. Made by threading petals and flowers onto a thin cord with a large needle, the most common garlands feature jasmine buds and white mali blossoms. The session takes place in the afternoons and is suitable for ages seven and above. Advance booking essential.

Complimentary



# Junior Wellness and Sport Programme

Wellness is not just for adults. Junior guests can relax in the Spa with specially tailored treatments or take part in swimming and tennis lessons. We also offer yoga and Thai boxing classes aimed at younger guests.

## **Aman Spa Junior**

Available from 9am to 3pm

A range of therapies are available to children aged six to 14 years at the Aman Spa with adult supervision. Please consult with the Spa for suitable experiences.

## **Swimming Lessons**

Available from 7am to 6pm

Internationally qualified, professional instructors are available to teach younger guests how to swim, improve their stroke technique and build their stamina.

## **Tennis Lessons**

Available from 7am to 7pm

Help your child improve their tennis game with a daily lesson or a ball-hitting session with one of our professional coaches. All equipment is provided and the sessions can be tailored for children aged between four and 14 years old.

## **Yoga**

Available from 7am to 6pm

Build confidence, strength and flexibility through this ancient practice in fun, light-hearted, relaxing sessions with our yoga expert. Suitable for ages eight to 14 years old.

## **Thai Boxing**

Available from 6am to 9pm

Thailand's national sport, Muay Thai is not only great exercise, but also an effective self-defense system teaching discipline and self-control. This active hour of boxing training is aimed at those aged eight to 14 years old.





## Active Adventures

Children are encouraged to enjoy the great outdoors at Amanpuri, from discovering the underwater world of the Andaman Sea to horse riding on the beach.

### **Watersports**

Available from 9am to 5pm

Several of our watersports activities are suitable for children aged six and above when accompanied by an adult. These include kayaking, sailing Hobie Cats and snorkelling from our beach.

Motorised watersports are available from November to March.

### **Guided Horse Riding**

Available from 9am to 6.30pm

Ride along the beach on horseback and enjoy beautiful views of the sea and lagoons, particularly at sunset. Gentle horses suitable for all levels, from six years old and above, cater to beginners as well as experienced riders at Laguna, just a 10-minute drive from Amanpuri.



## Sound Box and Digital Room

Teenagers have the freedom to express themselves fully at Amanpuri's Hot Spot. They can learn to DJ, take music lessons and create their own videos using footage they have personally recorded.

### **DJ Scratch Class**

For those keen to DJ, one of Amanpuri's professional DJs is on hand to share the secrets of cueing, beatmatching and mixing favourite tracks on the Hot Spot's decks.

Complimentary

### **Music Lessons**

Our music teachers can offer guidance as teens learn new skills on the guitar then team up with old or new friends to record their own soundtrack in the Sound Box. No prior lessons or experience needed.

Complimentary

### **Make Your Own Movie**

Teenagers can grab a GoPro video camera from our Digital Room to capture themselves and their friends in action on the ramp, wall or wake. Next, they can edit what they've filmed in the Digital Room and record their own soundtrack in the Sound Box. Finally, they can put it all together and share it with friends and family in the Hot Spot Screening Room.

Complimentary



## Outdoor Activities for Teenagers

Teens can grab a board and skate our outdoor half pipe, climb our custom-built bouldering wall or take to the seas for snorkelling and deep-sea fishing adventures. We can also arrange excursions to the Phuket Elephant Sanctuary or one of the island's many water or adventure parks.

### **The Half Pipe**

Our custom-built OC Ramps outdoor half pipe is suitable for all levels. Expert instructors are on hand to teach beginners the basics, while seasoned skaters will be encouraged to learn new moves.

Complimentary

### **Climbing Wall**

Our four-metre bouldering tower is custom-designed for different climbing styles and all levels of experience. Instructors are on hand to offer expert advice.

Complimentary

### **Badminton**

Challenge your friends or family to a fun game of badminton.

### **Snorkelling Trip to Kohwa Point**

Families can hop aboard our MasterCraft XStar for a smooth cruise over the Andaman Sea, discovering islands and reefs along the way. Grab a GoPro from the Digital Room to record your journey above and below the waves.

### **Thai-style Deep Sea Fishing**

Whether a novice or an experienced angler, this exciting deep sea fishing adventure aboard a traditional Thai fishing vessel offers the chance to reel in a catch with expert guidance.

### **Watersports for Teenagers**

Most of our watersports activities are open to those aged 12 and above. This includes the Seabob, the world's fastest underwater scooter, and wakeboarding behind our powerful MasterCraft XStar.



## Water and Adventure Parks

From thrilling water rides to exhilarating zipline adventures through the jungle, Phuket boasts a variety of water and adventure parks that cater to all ages. Whether you're soaring from tree to tree, splashing in a six-level wave pool or trying your hand at cable wakeboarding, there's something for every family member to enjoy.

### **Flying Hanuman**

Location: Kathu

Journey time: 30 minutes each way

Available from 8am to 5pm

Soar from tree to tree, launching yourself off more than 20 different platforms across 80,000 square metres of jungle. You will join a small group, each accompanied by several guides who will help and instruct you along the way.

### **Splash Jungle**

Location: Maikhao

Journey time: 45 minutes each way

Available from 10am to 6pm

This water park has thrilling rides such as the Boomerango and the Super Bowl, as well as a six-level wave pool and an Aqua Play Pool for children. If the exhilarating slides are not for you, then float peacefully on the 335-metre river or enjoy hydrotherapy in the spring pool.

### **Andamanda**

Location: Kathu

Journey time: 30 minutes each way

Available from 10am to 7pm

Andamanda Phuket is a Thai heritage-themed water park offering 100,000 square metres of thrilling rides and water-based fun.

### **Surf House – FlowRider**

Location: Patong

Journey time: 30 minutes each way

Available from 10am to 12am

Learn the ropes or improve your surfing game on a perfectly consistent wave with this high-tech wave-in-a-box. Or simply watch the action while enjoying a snack.



## Conservation and Outreach

As a place of peace designed to help guests discover and enjoy the natural world, Amanpuri partners with two charities that closely align with these aims.

### **Amanpuri Clean Ocean Conservancy**

Amanpuri has partnered with Ecoalf, an upcycling ocean initiative founded by freediver, Javier Goyeneche. Ecoalf's mission is to reduce ocean waste and transform it into top quality yarn, ultimately creating fabric for shoes and clothing. Through the partnership, Amanpuri encourages stewardship within Phuket's fishing community and has also been working towards becoming a 100% plastic-free resort since 2020.

### **Amanpuri Animal Sanctuary Fund**

This fund champions local projects that rescue and rehabilitate indigenous animals, primarily supporting the Phuket Elephant Sanctuary and the Gibbon Rehabilitation Project. We support them through volunteering, raising awareness of their work with guests and fundraising.

Please speak to your guest assistant to find out how you and your family can get involved with these initiatives.

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