amansara

UTU

Bandet Pratip 14 - 16 November 2024

Bandet Pratip

At Amansara, we invite guests to join us in celebrating Bandet Pratip, the annual tradition held on the night of the full moon in the Buddhist month of Kadeuk.

This full moon is believed to bring good fortune and symbolises the promise of an abundant harvest. Immerse yourself in the enriching cultural and culinary experiences as we celebrate this season of light and water while embracing hope and gratitude.

14 November 2024

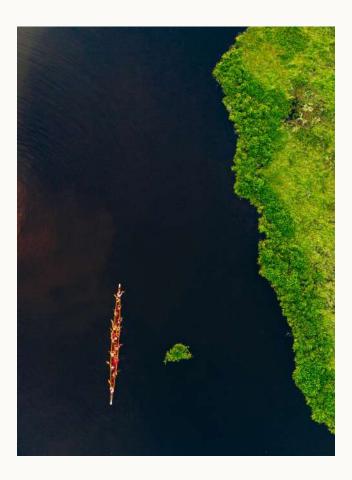
Boat Racing 10am onwards at the rear of Amansara

The exhilarating boat racing tradition, with its origins in choosing the most formidable warriors, is set to be a highlight of the festivities. Guests are encouraged to revel in the spirited atmosphere as boats race from our venue to the historic old market, providing a vivid showcase of culture and competition.

Khmer Culinary Arts

12 - 1pm at Aman II

Experience a memorable cooking class, where you'll discover how to make the colourful Cambodian lotus blossom salad. This hands-on session invites you to delve into the diverse flavours of Cambodian cuisine, understanding the harmonious blend of sweet, sour, salty and spicy tastes. Guided by an expert chef, you'll craft your own salad and savour the results. *Reservations required.*



15 November 2024

Boat Racing (Final Round)

10am onwards at the rear of Amansara

Join us for the thrilling semi-final and final rounds of our boat racing competition. Experience the dynamic atmosphere and joyful spirit as we crown this year's champion. Be a part of a cherished tradition that brings our community together in a vibrant celebration of skill and camaraderie.

Khmer Culinary Arts

12 - 1pm at Aman II

Mark the Water Festival by learning how to master the art of cooking chicken spring rolls – a popular appetiser in traditional festive occasions. Delve into the cultural significance of the dish and leave with a local recipe to share with loved ones back home.

Reservations required.

Lotus Folding Masterclass

3 - 4pm at the Gallery

Discover the art of creating beautiful lotus flowers, a symbol of purity and renewal in Cambodian culture. In this interactive workshop, you'll learn intricate folding techniques under the guidance of an experienced instructor, offering a deep connection to enduring tradition.



16 November 2024

Sundowning 6pm at the Room Terrace

Start your evening with the mesmerising sight of the sun setting, transitioning from day to night as locals revel in the Water Festival. Enjoy expertly crafted cocktails complemented by the calming melodies of traditional Khmer music, making for a captivating experience.

Bandet Pratip Dinner

7pm at the Main Pool

Celebrate the Water Festival with a special evening at the resort's main pool, where you'll enjoy a curated dinner menu featuring the finest ingredients from land and sea. Relish the dishes while immersing yourself in a lively atmosphere, complete with live music that highlights Cambodia's rich cultural heritage. The evening offers a rare insight into the traditions of the festival and the extraordinary cuisine that comes with it.

Reservation required

Loy Pratip Experience

8.30pm at the rear of Amansara

Release handcrafted Pratip vessels onto the river, each carrying a candle that embodies hopes and aspirations for the year ahead.

These vessels also include a stick representing purity and vibrant flowers to honour the goddess of water. As the candles gently float on the river, the sky will come alive with illuminated lanterns and dazzling fireworks, creating a breathtaking spectacle.

Our team will guide you to the riverbank behind Amansara, where you can revel in this magical ritual and celebrate the festival's beauty.



Bandet Pratip Dinner

16 November 2024

Seafood Avocado Salad (SF,N)

Poached prawns, scallop, squid, avocado, coriander, sweet chilli, palm sugar, shallot, roasted nuts

Black Chicken Soup

Sour chicken broth, button mushroom, cherry tomato, wax gourd, lemongrass, long mint, fried garlic

Pan-seared Sea Bass (SF)

Local pan-seared sea bass, mashed pink potato, sautéed snow peas, broccolini, lime kampot pepper sauce

Or

Beef Cheek Saraman Curry (N)

Australian beef cheek, coconut milk, galangal, lemongrass, kafir lime leaf, sweet chili paste, steamed rice

Creamy Tapioca Pudding (V)

Tapioca pearl, coconut cream, diced mango, roasted coconut

Reservation is required



Retreat Programmes

Restorative Yoga & Sound Bath 90 minutes

Experience profound relaxation and restoration with Manuela in this 90-minute session. Restorative Yoga is a gentle, slow-paced practice ideal for alleviating stress, injuries or a restless mind. The session features a series of reclining and supported poses using props and pillows to fully support your body, allowing you to deeply rest and recover. As you relax into these postures, the soothing vibrations of Himalayan Sound Bowls enhance your journey to a state of deep physical and mental tranquility. Meditation & Pranayama 60 minutes

Allow yourself to be guided through a series of subtle yogic practices that focus on the breath and state of mind. Experience how these guided meditation and breathing exercises can help direct your attention to the deeper layers of your body, facilitating a shift towards inner balance and clarity.

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