# Plant Based at Amandari

#### To Start

Rocca Salad VG H N

Walnut, cucumber, pomegranate, wild roquette, TreeNuts chevre and pomegranate arils

Mezze VG H N G

hummus, baba ghanoush, muhammara, crudité, artichoke, olive, falafel, tabbouleh and sourdough

Rainbow Summer Rolls VG H N

beet, paprika, pineapple, mango (when in season), mint, cilantro and quinoa with peanut and lime chili dips

### **Nibbles**

Spicy & Crunchy Garlic Tofu  $\vee G \vdash H$ Extra firm tofu, spiced glazed, Korean leek salad and plant based kimchi mayo

Pakora VG H

Sweet Potato, baby spinach served with green chutney and chopped salad on the side

Mock-chicken Satay VG H N G

Mushroom, soy protein, oat, satay paste, pickles and peanut butter and coconut sauce

## Nourishing

 $Coconut\,Green\,Soup\ \lor \mathsf{G}\ \vdash \ \mathsf{G}$ 

Kale, apples, zucchini, celery, spices, chickpeas and coconut milk served with toasted garlic sourdough

Potato Soup VG H G N

Potato, mirepoix, nutmeg, plant based milk and sourdough garlic crouton

Creamy Cauliflower Soup  $\,\,\lor\,\mathsf{G}\,\,\,$ 

Cauliflower, chickpeas, cashews, dry white wine and

nutritional yeast

(V) Vegetarian (VG) Vegan

(H) Healthy choice

(SF) Seafood

(G) Gluten

(D) Dairy

(N) Nuts

(P) Pork

Mains

Bombay Burrito VG H G

Whole wheat tortilla, potato, garden vegetable, green chutney and pickled red onion

Meat-less Rendang  $\ \lor G \ \vdash G$ 

mushroom, oat, cassava leaf, jackfruit curry, coconut milk, herbs and spices served with rice on the side

Stir-fried Cauliflower Rice VG H N

Cauliflower, garden vegetables, coconut aminos and cashews

Double-shroom Burger  $\vee G \vdash G$ 

Mushroom Patties, plant based mayo, plant based cheese, tomato, lettuce, pickled cucumber and plant based bun served with mix potato fries

Thai Veg Curry VG H

garden vegetables, plant based red curry paste, pineapple, rambutan and coconut cream served with white rice or flat rice noodle on the side

#### Guilt-Free Sweet Tooth

Fudgy Grain less Triple Choc Brownie  $\ \ \lor G\ \ H\ \ N$  almond, raw cacao, coconut nectar, purple sweet potato purée, palm sugar caramel, caramel and Himalayan salted ice cream

Almond Butter Blondies  $\vee G \bowtie N$ 

almond butter, plant-based melted milk choc, coconut and cashew ice cream

cashew ice cream

Berry Pecan Bars VG H N

mix berries, pecan, peanut butter and jelly ice cream