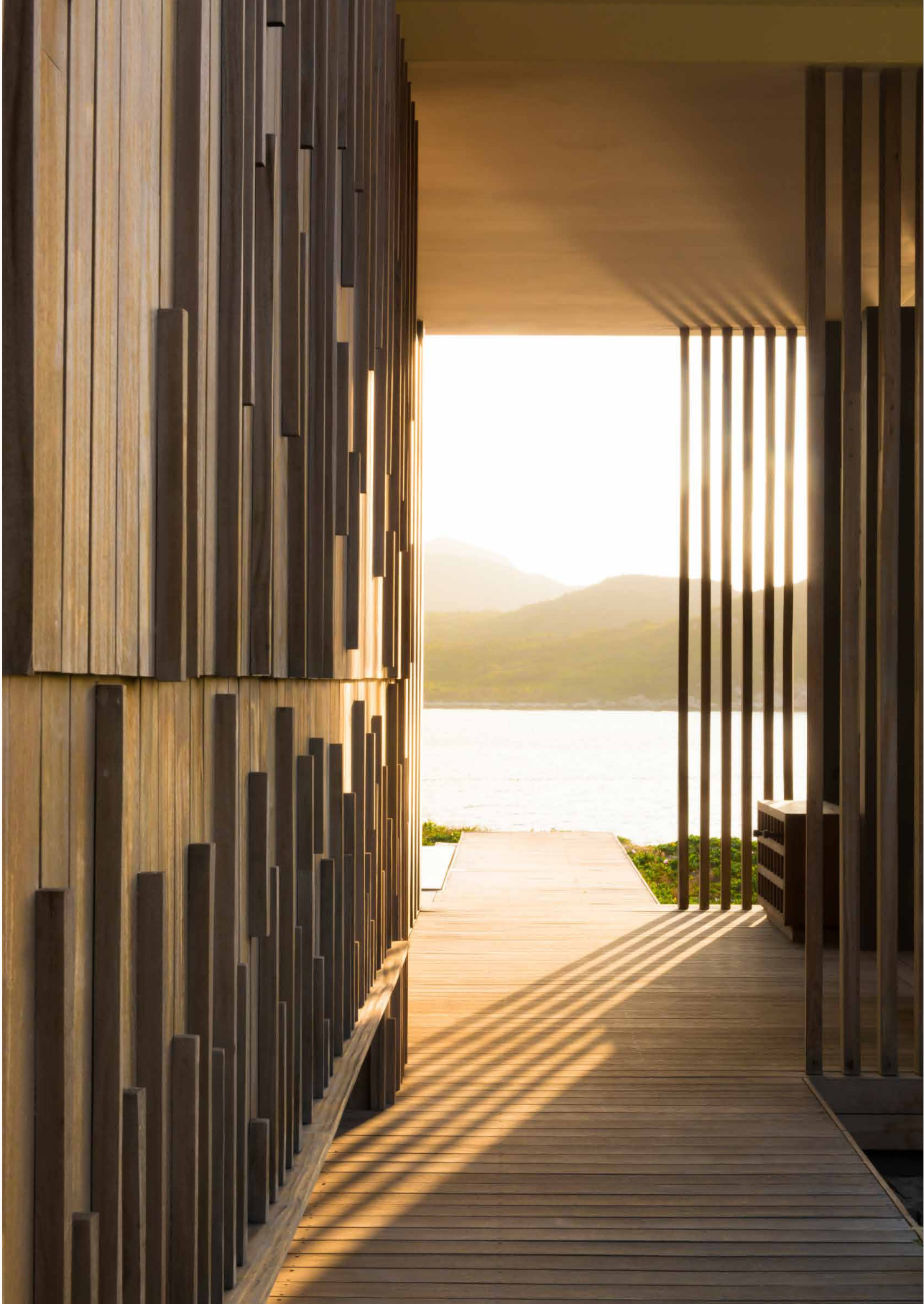




amanoi

Experience Guide



The Amanoi Experience

Water Sports

Hopie Cat Sailing
Kayak/Glass Kayak Trip
Snorkeling
Stand Up Paddleboarding
Windsurfing
Cruising Along the Coast
Kitesurfing (Off-site)

Culinary Experiences

Cliff Pool Dinner
Beachside BBQ Dinner
In Villa/Residence Dining
Lake Romantic Dinner
The Sacred Cham Dining Experience
Vinh Hy Awakening
Dinner at Ong Nam's House
Vietnamese Cooking Class
Explore the Taste of Phan Rang
Twilight Cliff Lounge Experience
The Bubbling Brunch
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Afternoon Tea

Beyond Amanoi's home

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Wild Cat Trek
Trek and picnic in Rock Park
Cau Gay Jungle Tea
Ba Tang - Three Layer Waterfall
Nui Chua - King Mountain Trek
Ho Treo - Hang Lake and Da Vach

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Cham Pottery Making Class
Salt Farm Visit
Vinh Hy Fishing Village
Thai An Village Cycling Trip
Nha Trang & Po Nagar Temple Day Trip

Evening Activities

Star Gazing
A Night with the Stars

Art Experiences

Painting Class
Fine Art Photography Exhibition

Wellness Activities

Daily Wellness Class
Half-Day Spa Programme

Fitness & Sports

Archery
Running Circuit
Tennis
Golf (Off-site)

Children's Activities

Coconut Leaves Artwork
Cooking Class
Beach Volleyball
Fishing
Visit Vinh Hy Village
Art & Crafts
Fun & Games
Movie Night
Jungle Master Games



The Amani Experience

Amani's remote location on the cusp of Nui Chua National Park and the serene sweep of Vinh Hy Bay offers limitless opportunities for outdoor exploration and authentic cultural experiences.

Trek amid myriad wildlife in our neighbouring Unesco-listed Biosphere Reserve. Picnic on secret beaches. Head off for guided snorkelling expeditions or cruise the coast by glass-bottomed kayak.

If cultural diversions capture the imagination, delve into the ancient world of the region's Cham people by visiting panoramic hilltop towers that date back to the 12th century or embarking on a sacred Cham dinner experience with a local spiritual leader and ceremonial blessing amid Amani's mystic jungle.

We look forward to making your Amani experience one to remember.

To book, simply contact our Guest Assistance team; we kindly ask for a minimum of 24 hours' notice. Cancellations made within 24 hours will be subject to full charge. All prices are subject to 16.6% local tax and service charge.



Water Sports

Fringing the bay, a kingdom of coral awaits between the waves.

Explore the pristine reefs on a guided snorkelling expedition, and discover more than 350 varieties of staghorn, plate and brain corals found in the Vinh Hy Bay conservation area, as well as colourful shoals of tropical fish including triggerfish, angel fish, trumpet, damsel and bat fish that make their home here.



Water Sports

Hobie Cat Sailing

Experience the beauty of Vinh Hy Bay and its surrounding areas by sailing on a Hobie Cat boat. This fun and relaxing activity allows you to admire the resort and the stunning granite cliff rock formations, as our Watersports Team guide you. Reservations can be made with our Activity Team. Please note that this activity is subject to weather conditions and life vests are compulsory.

Complimentary. Weather permitting.

Kayak/Glass Kayak Trip

Explore the inlets around the bay with our single or double kayaks. The bay area is home to a variety of tropical fish and beautiful coral. You can also observe the local fishermen at work. Our Activity Team can assist with reservations and pricing for private guided trip. Life vests are compulsory.

Complimentary. Weather permitting.

Windsurfing

Combine surfing and sailing with this fun water sport. Allow yourself to feel the movements of the winds and waves. Our team can provide basic guidance for beginners.

Complimentary. Weather permitting.

Stand Up Paddleboarding

Experience Vinh Hy Bay's marine life from above with our carbon-fiber paddleboards. Stand-up paddleboarding is a great way to exercise while enjoying the beauty of the bay. This activity is subject to weather conditions and is recommended on calm, sunny days.

Complimentary. Weather permitting.

Snorkelling

Discover the variety of corals and tropical fish in Vinh Hy Bay. The coral reefs in the area are home to a diverse range of marine life, including rare corals recently discovered in Vietnam. Complimentary snorkelling is available, and private guided tours are also offered at an additional cost.

Complimentary. Weather permitting. Half-day tour with private guide is available with surcharge.



Cruising along the Coast

Tour the East Sea coast by boat and Vinh Hy, one of Vietnam's most beautiful bays. Our captain will take you to explore the pristine ocean hugged by the dramatic cliffs and mountain ranges of Nui Chua National Park. The water is ideal for snorkelling and discovering the marine biodiversity of over 330 coral species. The cruise will also bring you to the Vinh Hy fishing village, where you can meet locals and witness the daily life of fishermen.

Maximum up to 6 guests.
Weather permitting.

Kite Surfing (Off-site)

A 20-minute drive from Amanoi, My Hoa Lagoon is a popular destination in Ninh Thuan for kite-surfers. The lesson will be conducted by Sorento Beach Club's professional instructor with a range of options from 2 to 12-hour sessions. Lessons usually start at 10am and will be staggered throughout the day depending on the height of the tide, wind strength and your skill level. Our Activity Team will advise on the wind and tide conditions at the time of booking. Long board shorts, long-sleeve and quick-dry top, sunglasses with a strap, sunblock and hat are recommended.

Lesson fee can be settled at Sorento Beach Club. Equipment rental is available with extra charges. 24-hour booking in advance is required. Weather permitting.





Culinary Experiences

Cliff Pool Dinner

As darkness falls and the star-lit evening sky starts to emerge, our Cliff Pool offers an unforgettable setting for a private dining experience; a magical blend of romantic ambience and gourmet food. Vietnamese or barbecue menus are available.

Beachside BBQ Dinner

Celebrate, indulge and enjoy a romantic candlelight dinner for two in a private spot on our beautiful beach overlooking Vinh Hy Bay. Our culinary team will discuss your choice of menu with you, prepare the venue with elegant decorations and provide you with a personal attendant.

Lake Romantic Dinner

Amanoi's barbecue dinner at the lake Pavilion is served in a unique setting above the moonlit waters of Lotus Lake. You are quietly served your dinner and then left in peace to enjoy the dinner.

In Villa/Residence Private Dining

Enjoy a private in-Villa or Residence dinner on the terrace of your home at Amanoi. Our Chef will provide a member of the culinary team to prepare, cook and serve your individual menu selections.

Choices of menu are available.



The Sacred Cham Dining Experience

The journey starts at dusk with a gentle walk to our hidden spot, set in the middle of nature. As one of our very best experiences, the Sacred Cham experience lets you explore local culture in the most authentic way. The Cham people are well-known for their cuisine; thus, a Cham feast is a requisite in this special journey. Some of the most genuine Cham dishes have been carefully selected for your dinner menu. While enjoying dinner, allow your senses to embrace the beauty of nature, listen to the sounds of wildlife, feel the ocean breeze and gaze at the graceful 'starry night' sky.

In their culture, a Cham master is the most respected person who is the only one allowed to conduct important ceremonies. There are very few masters in a Cham society, due to high requirements. Fortunately, a one-of-a-kind rendezvous with a master is made for you right in the mystic jungle of Amanoi. Join him for a blessing ceremony in the Cham style – a truly unique way to experience an ancient ritual.

Maximum 6 persons.
Advance 24-hour booking is required.

Vinh Hy Awakening

Nestled within the quaint embrace of Vinh Hy Fishing Village lies a hidden gem of culinary delight: a traditional Ong Nam house offering a unique breakfast experience. Here, amid the rustic charm of the local architecture, guests embark on a sensory journey through the flavors of coastal living. As guests indulge in their morning repast, the gentle symphony of village life unfolds around them, weaving a tapestry of sights and sounds that evoke a deep sense of place.

After breakfast, a leisurely stroll through the village streets reveals the timeless allure of fishing boats bobbing in the harbor and colorful stilt houses perched along the shore, setting the stage for a day of exploration and discovery in the enchanting. Then, whisked away on a scenic boat ride to discover the magnificent Vinh Hy Bay before returning to the sandy shores of Amanoi's Beach Club.

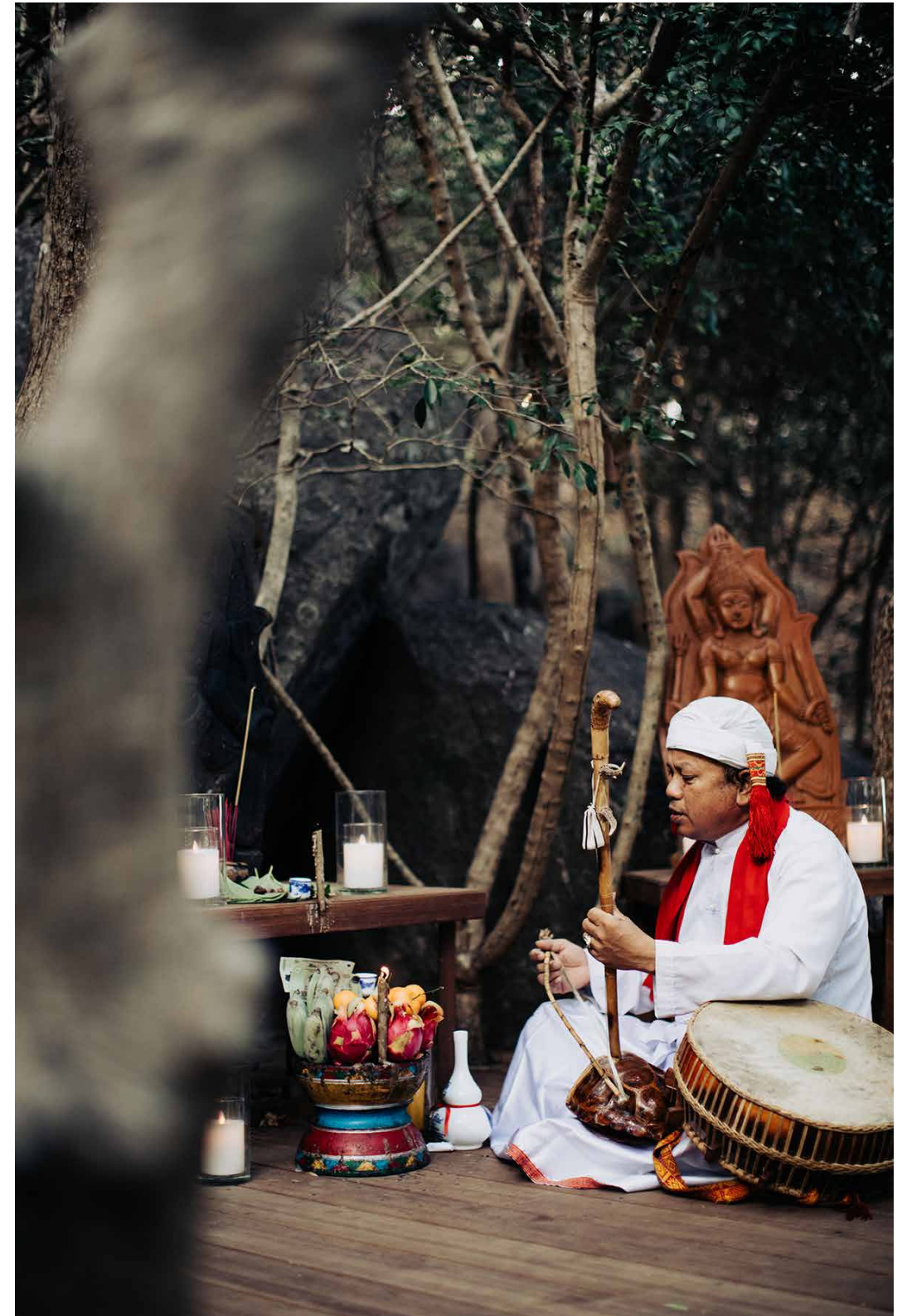
Maximum 4 persons.
Advance 24-hour booking is required.

Dinner at Ong Nam's House

To dine at Ong Nam's House in our neighbouring village of Vinh Hy is to experience an authentic slice of Vietnamese life. This traditional home is just 5 minutes from Amanoi and provides the unique setting for our hosted family-style Vietnamese dinner.

Vinh Hy is a sleepy village where Ong Nam's family have been fishermen for many generations. Ong Nam and his wife are a charming elderly couple who live with their extended family. As is the tradition of fishermen, this family rises early in the morning, and it is for this reason that we request guests book an early dinner at Ong Nam's House so we can leave the family to sleep in peace by 10.00pm.

Maximum up to 8 guests.
Advance 24-hour booking is required.



Vietnamese Cooking Class

Every day, our Culinary team aims to introduce you to the food culture of Vietnam. This casual cooking class provides a simple guide to create pho bo – the famous Vietnamese beef noodle soup – as well as one of the best local salad recipes. You will also learn how to perfect goi cuon – Vietnamese fresh rice paper rolls with shrimp and pork. If you would like to enjoy a private class, you can select any three dishes from our menu to learn how to cook. After the session, taste the fruits of your labour in a sit-down meal.

Maximum 6 persons and depending on availability. Advance 3-hour booking is required.

Cooking Class for Kids

Kids love exploring new things, especially when it involves their favourite tastes such as cookies, cupcakes and pizzas. Allow your children to participate in our cooking class with different recipe each day. After the session, kids can bring back a lovely box with their own handmade treats to share with families. The class takes from 15 minutes up to an hour depending on the difficulty.

Suitable for children from 5 to 11 years old. Advance 3-hour booking is required.

Explore the Taste of Phan Rang

About 45 minutes south of Amanoï, the road passes picturesque beaches, villages, vineyards, sea-salt farms and manicured plots of onions, garlic and coriander, with the East Sea on one side and the mountains of the Central Highlands on the other. Our excursion departs in the late afternoon to catch the end-of-day action at Phan Rang's central market and includes a visit to the Chinese pagoda Chua Ong and an exploration of the best of the city's street food, which can be sampled around the town's main square, the hub of Phan Rang's lively night life.

It's interesting to note that each region of Vietnam offers its own variation of these national favorites; the Bánh xèo, Bánh canh is very typical of Phan Rang, whereas the versions you'll find in Ho Chi Minh City may be intriguingly different.

Amanoï tasting tours can be customised according to guests' preferences. Vegetarian options are available, around the Phan Rang market area. About 4 to 5 hours.



Twilight Cliff Lounge Experience

On this majestic stretch of coastline, the sun rises from the ocean and sets behind the mountain ranges of Nui Chua National Park, gilding the rooftops and pools of Amani with a rose-hued glow every evening. Distance provides the best vantage point of this natural wonder, so after a sunset cruise across the bay, watch as the spectacle unfolds from Amani's Twilight Cliff Lounge.

Maximum 4 guests per trip. Weather permitting. Sunset champagne including champagne and caviar. An hour boat cruise excursion along the coast is available with surcharge.

The Bubbling Brunch

Set up on Amani's pristine private beach, the Bubbling Brunch is truly a wonderful way to start your new day. Chill out in comfort, feel the fresh ocean air, watch the beautiful bay as the waves wash against the shore, all while savouring some of the finest champagne.

Weather permitting.
From 11am onward. Maximum 3 persons.

Beach Lunch Picnic

Our best-kept secret for a day to remember: it's just a 10-minute boat ride along the beautiful Amani coast to reach this private piece of paradise. Swim and snorkel around the bay to work up an appetite for a picnic lunch on the beach.

Weather permitting.

Vietnamese Afternoon Tea

Every day, join us at the Central Pavilion to enjoy some Vietnamese traditional cakes and snacks with tea and coffee. Banh can (a local pancake) is prepared with a traditional clay set, with different flavours (vegetarian option available). It's served with dipping sauce mixed with chilli and garlic, sometimes with dried shallot for added flavour. This dish originated from the Cham and is now cooked with different toppings such as shrimps, squids and eggs in different regions, served with green mangoes, cucumbers or tomatoes as side dishes. During the afternoon tea, you can ask our team to have a go at making banh can by yourself.

The afternoon tea is complimentary for all in-house guests and served from 3.30pm to 4.30pm daily at the main Restaurant.





Beyond Amanoi

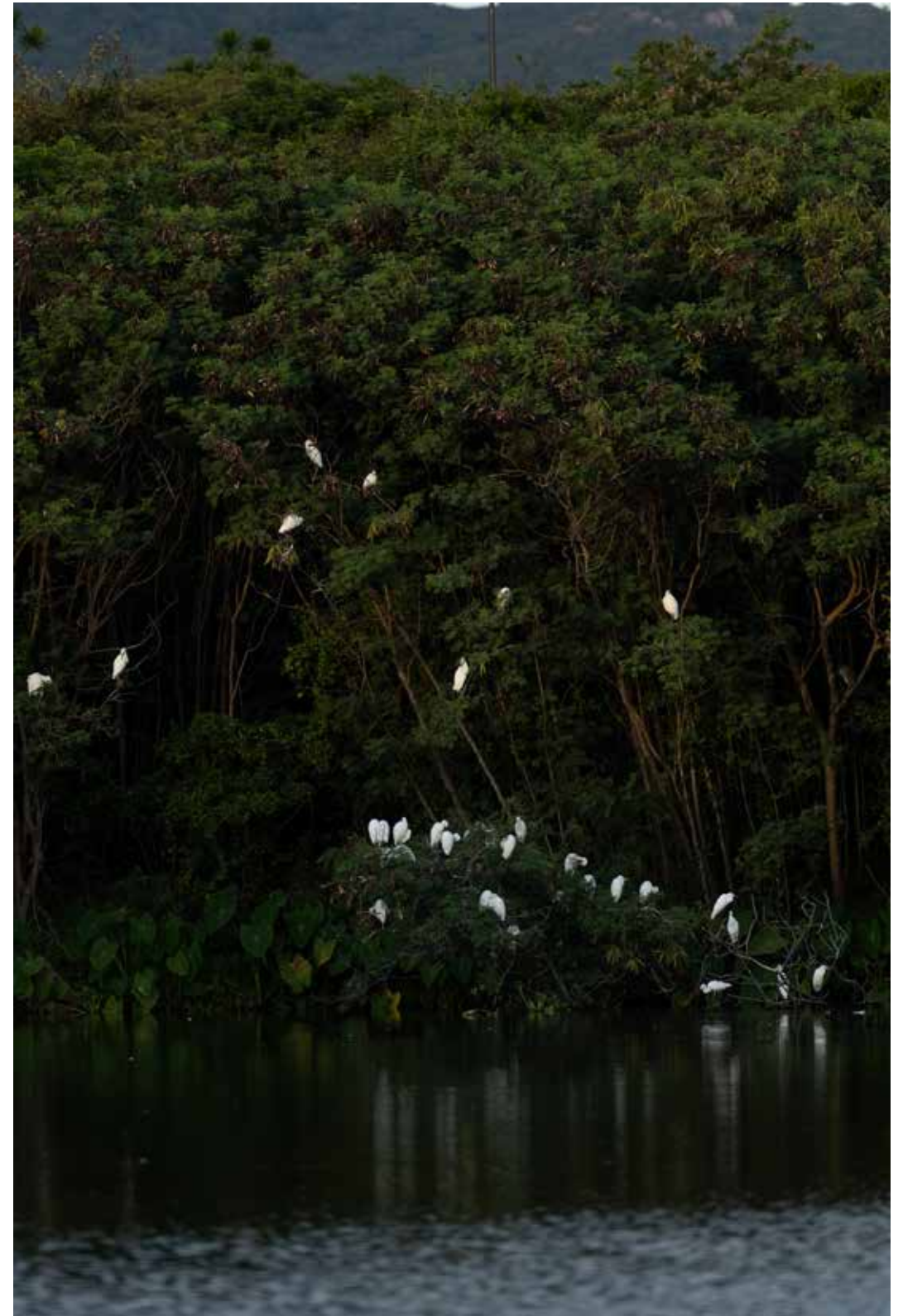
Nui Chua National Park and UNESCO Biosphere Reserve

Nui Chua Reserve was awarded National Park status in 2003. Situated on a wide, mountainous promontory, the park extends into the East Sea between Cam Ranh and Phan Rang bays. With a total area of more than 29,000 hectares, and an additional 7,300 hectares of marine reserve, Nui Chua offers diverse ecosystems, flora and fauna. At least 664 plants, 72 mammals, 181 birds and 353 species of coral have been recorded in the park.

The park includes the highest known population of black-shanked douc in Vietnam, as well as pygmy Loris – the only known venomous primate – the Asian black bear; sun bear; large-antlered muntjac and Siamese fireback (a large pheasant). This display of diversity led Unesco to recognise Nui Chua as a global biosphere reserve in September 2021.

The park is also vital for the conservation of marine biodiversity, with several beaches along the national park used as nesting grounds for small numbers of marine turtles. Additionally, the fringing coral reefs are particularly rich and support a distinctly different coral community compared to other reefs in Vietnam.

Amanoi can arrange guides, picnics and all necessary transport for excursions into the park.



Treks

From a fun ramble with children down to a secret beach to a vigorous hike up to Da Vach with one of our experienced guides, we have a trek that will suit almost everyone. Because it can get very hot, we recommend treks are taken either early in the morning or late afternoon. Hats, walking shoes or trainers and sunscreen are advisable.

Treks are graded with the following rating:

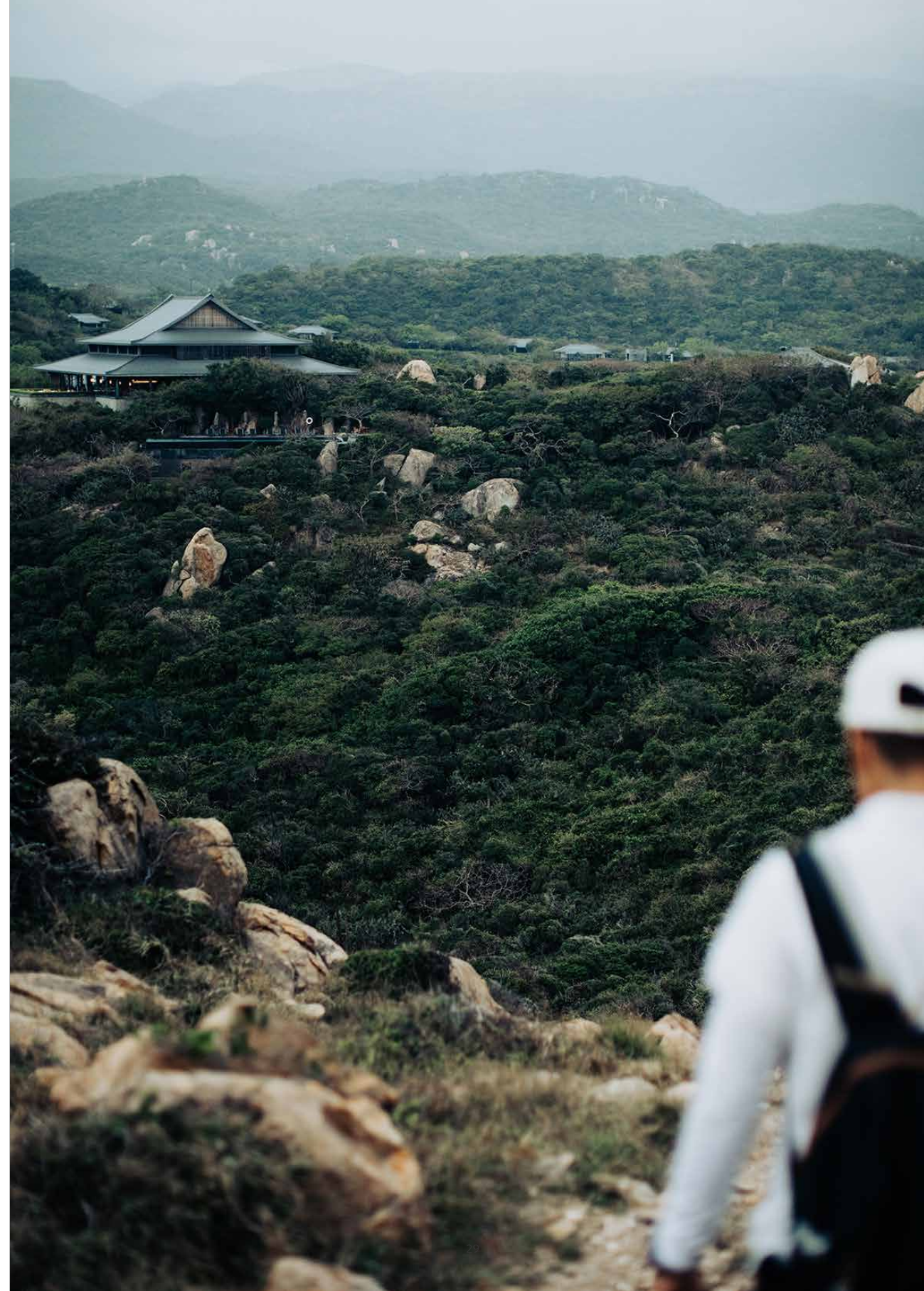
Level 1: A nice light trek that may not get the heart rate up too much.

Level 2: A light trek that should get the heart rate going a little and requires trainers and reasonably appropriate wear.

Level 3: A trek that gets the heart rate going and requires a moderate level of fitness. Proper walking attire and shoes or trainers recommended.

Level 4: A more challenging trek for those who are a bit more experienced, physically fit and like something of a challenge. Minimal climbing may be involved, but most of it is manageable and not too steep.

Level 5: This trek requires physical fitness, endurance and a sense of adventure. Many sections will include climbing up rocky or wild terrain; only manageable if wearing the proper attire.



Treks

Goga Peak

This short moderate hike follows an inclining pathway up to Goga Peak. Spectacular views from the top take in Vinh Hy Bay, the East Sea, coastal rock formations and the southern city of Phan Rang. Goga peak is ideal spot for taking pictures, relaxing and taking in the breathtaking views, especially at sunrise and sunset.

Level 2.
Approximately 15 to 20 minutes each way.
Not recommended for children.

Wild Cat Trek

Follow in the footsteps of the wild civet in an exciting trek, onsite at Amanoï. Starting from the poon bridge tree, enjoy a hike throughout the national park, discovering different flora and fauna, before finishing at a viewpoint overlooking the landscape surrounding Amanoï.

Level 2.
Approximately 1 to 1.5 hours in total.
Not recommended for children.

Trek and Picnic in Rock Park

Just a 20-minute drive from Amanoï is the fascinating Bai Da (Rock Park). Start with a gentle walk to Bai Da, an elevated region of incredible natural rock formations, which archaeologists believe was previously home to dinosaurs. Enjoy a morning picnic in nature and capture the moment on Polaroid.

After that, take a scenic downhill trek towards Bai Thit Beach, a turtle conservation area, then continue along the coastline over sand and large rocks, up a somewhat steep trail towards Bai Da. At the top are scenic views of the coast. The trek includes rest points and sightseeing.

Level 2-3.
Approximately 1 to 1.5 hours in total.



Cau Gay Jungle Tea

For those who love culture and trekking, a visit to a Raglai village is an ideal choice for a unique local experience, just 5 minutes away from Amanoi. During this expedition, you will learn to connect with nature and immerse yourself in the local way of life.

The tour begins with a morning walk to the village of Cau Gay (broken bridge). Despite its name, you will be greeted by an enchanting bridge crossing a stream. The village is home to only 34 households from the Raglai community, dedicated to preserving their distinctive culture. As you explore the village, you will encounter traditional houses made of mud and straw, a small kindergarten and primary school, and locals going about their daily activities. The peaceful countryside of Vietnam comes to life as you witness children going to school, parents working on the farm, and animals playing in the garden.

The journey continues with a trek through the forest, where you will learn about the matrilineal community and visit local farms with a variety of fruit trees and vegetables. You will even have the opportunity to experience the local style of harvesting.

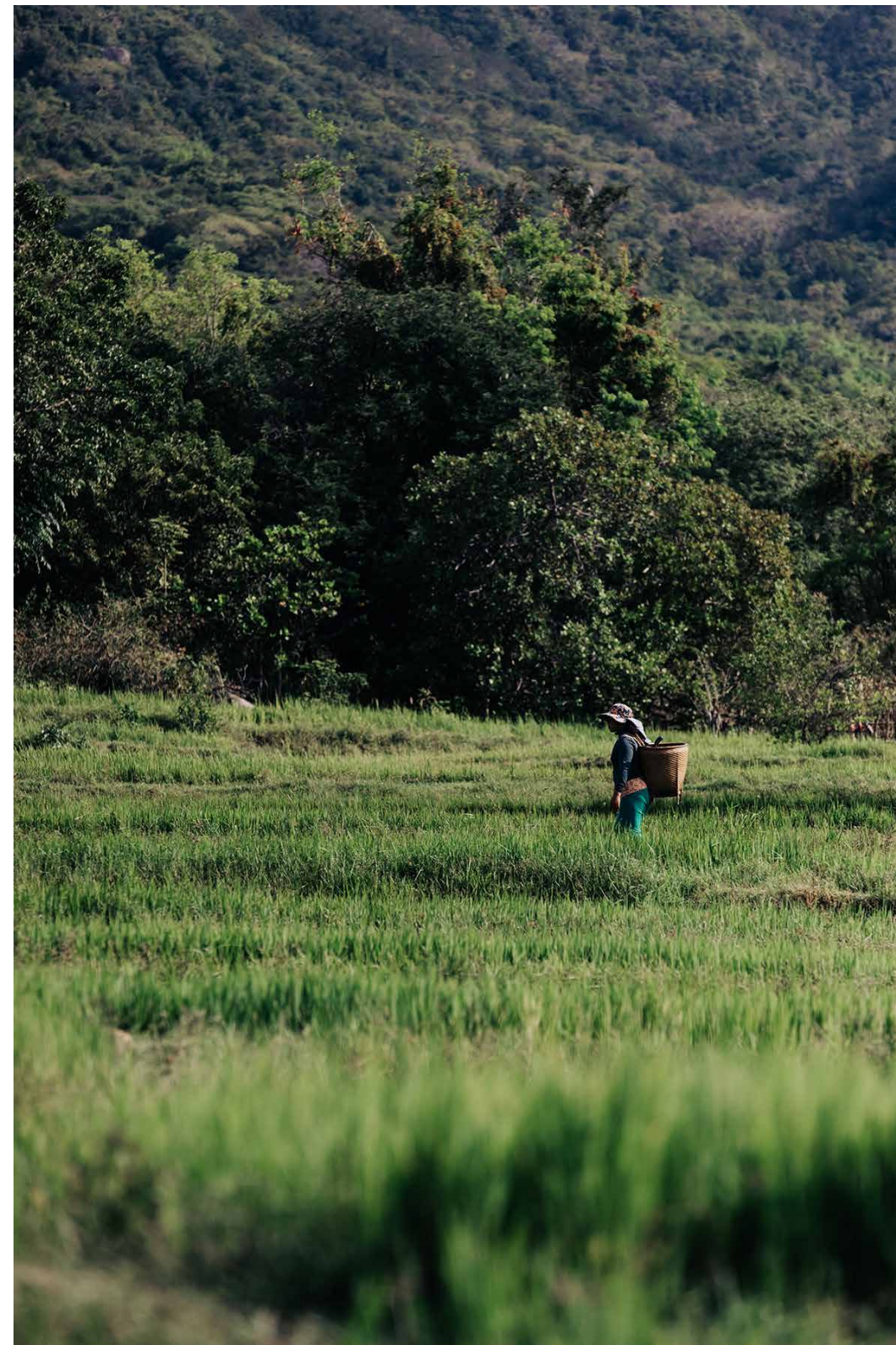
Level 3. Duration: 2.5 to 4 hours.
Recommended start time: 6am.

Ba Tang Waterfall Trek

Ba Tang, or the “Three-Layer Waterfall”, is a hidden gem of the region. A 20-minute drive from Amanoi will take you to the nearby village of Dan Han, where you will walk along the valley and cross a stream to reach local farms, taking in a tranquil and picturesque countryside scenery. Along the way, you may encounter local villagers and witness the beauty of the paddy fields, whether during the growing or harvesting season.

After walking through Da Han village, follow the guide on a one-hour trek through the forest to reach the Ba Tang waterfall. After the trek, you can enjoy a refreshing swim under the waterfall. On the way back, don’t miss the opportunity to have a unique breakfast or lunchtime picnic overlooking the rice fields.

Level 4.
Approximately 5 hours.
Additional 1 hour if combined with picnic.



Núi Chúa – King Mountain Trek

Amanoi's longest trek covers a 20-kilometre route and is best suited for experienced hikers in good physical condition. The trek begins at Da Hang village, ascends to the renowned King Mountain and concludes in Cau Gay village of the Raglai people. Nui Chua, also known as Nui Chua Anh, rises to 1,039 metres and offers rooftop views of the entire region. This mountain range shields the area from summer winds, resulting in the driest region in Vietnam. However, the region is compensated with the coastal bay of Vinh Hy, beautiful salt fields, lush vineyards, serene streams, and a diverse range of flora and fauna, both on land and underwater.

During the trek, you will hear a local legend about the two highest peaks in the mountain range, Nui Chua Anh and Nui Chua Em, and the strong and eternal brotherhood between them.

Level 5+.

The trek takes approximately 9 hours. This includes lunch, a tour guide, insurance, park tickets and a porter.

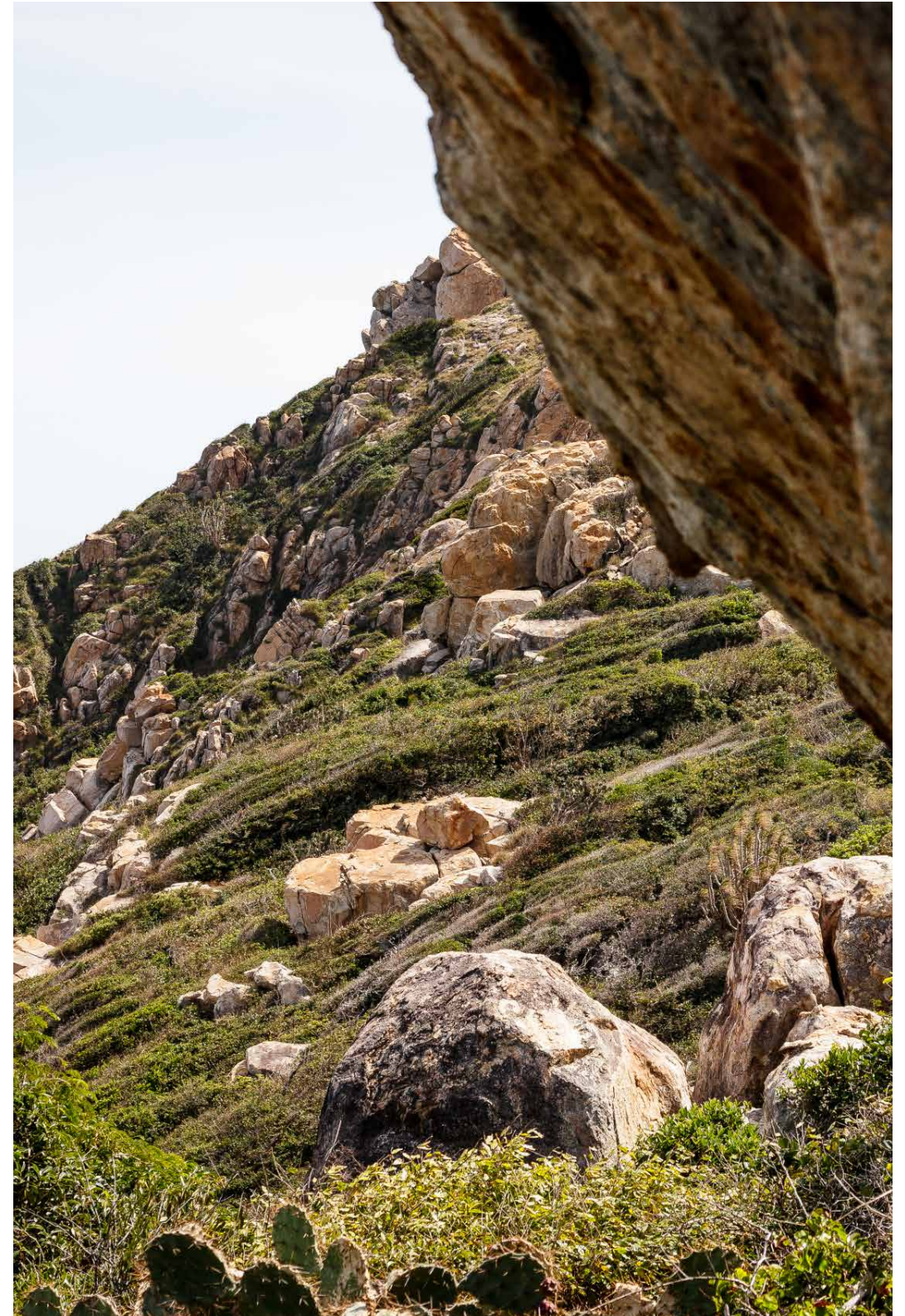
Ho Treo – Hanging Lake and Da Vach Trek

Named by local forest rangers, the Ho Treo (Hanging Lake) trek is 10-minute drive from Amanoi. Located on the slopes adjacent to Vinh Hy village, this small lake is a delightful and unexpected surprise after taking a 25-minute energetic hike through the dense forest of Nui Chua National Park.

Da Vach is one of our more intense treks, beginning at the Ho Treo and continuing up through forestland and rocky outcrops, finally arriving at the clifftop which rewards your efforts with dramatic views of the coastline and a clear view of Amanoi.

Level 5.

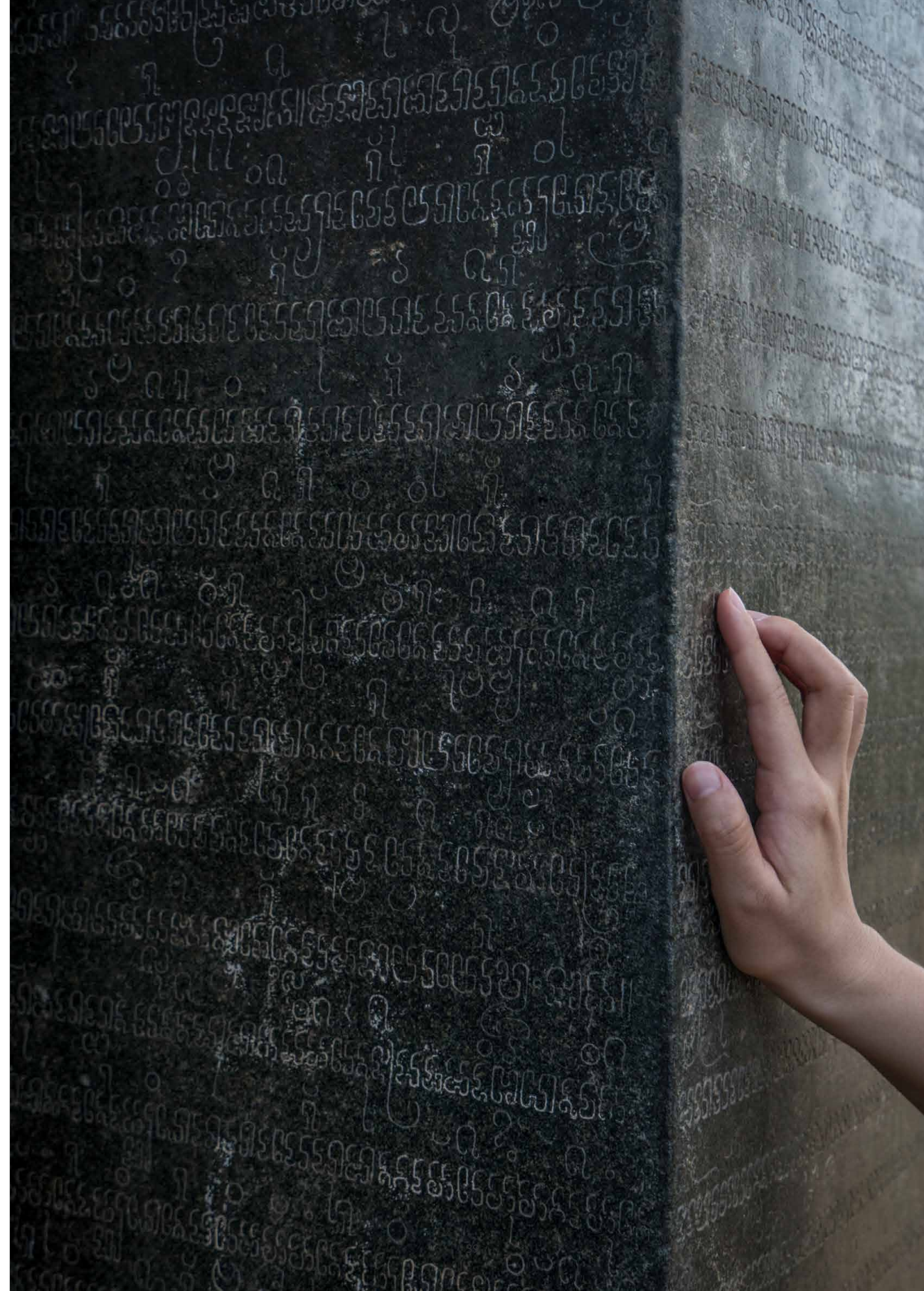
Approximately 3 to 3.5 hours in total depending on fitness level of participants.





Cultural Excursions

Vietnam's region of Ninh Thuan boasts a rich and diverse cultural tapestry, with a vibrant heritage deeply influenced by the Cham and Raglai ethnic groups. The Cham people's legacy is prominently showcased through their captivating architecture and traditional festivals, while the Raglai's unique customs and lifestyle add a distinctive flavour to the region. Local fishing villages also offer a glimpse into the region's coastal traditions and the importance of the sea in shaping local life.



Cultural Excursions

Explore the Lost Kingdom of Cham

To bring alive the history and cultural past of the Champa Kingdom, Amano's guide will take guests on a journey of discovery into this ancient culture.

The tour starts in Phan Rang city with a visit to the Cham Museum where our guide will escort you and introduce you to the history, architecture, textiles, clothing and many rituals that the Cham people are renowned for.

From there, the guide will take you to the Po Klong Garai Cham Towers, dating back to the 13th century. The fascinating and well preserved towers are a 5-minute walk up the hill and provide a 360-degree view of the surrounding region.

Approximately 5 to 6 hours.



Cham Pottery Making Class

The Cham people in Ninh Thuan are well-known for their skill in pottery making, a tradition that has been upheld for centuries. Bau Truc, a village located 10km south of Phan Rang (the capital city of Ninh Thuan), brings together local artisans to preserve and advance the traditional techniques passed down through generations. Every stage of creating a clay product is done by hand, with artisans molding and shaping the pottery by revolving around it instead of using a turntable. This results in each product having its own unique features. Instead of using an oven, the pottery is baked using the heat from burnt rice husks and straw, giving the final outcome a distinctive appearance.

At the workshop at Amanoï, guests can meet a local artisan and learn how to make pottery the Cham way, using authentic techniques and processes. The freshly created pottery products require at least 24 hours to naturally dry and then 6-8 hours to be heated in the oven. It is important to note that it will take 3 days from the workshop day to receive the final product in order to allow for the drying and baking of the pottery. For more information, please contact our Guest Assistant.

About 2 hours.

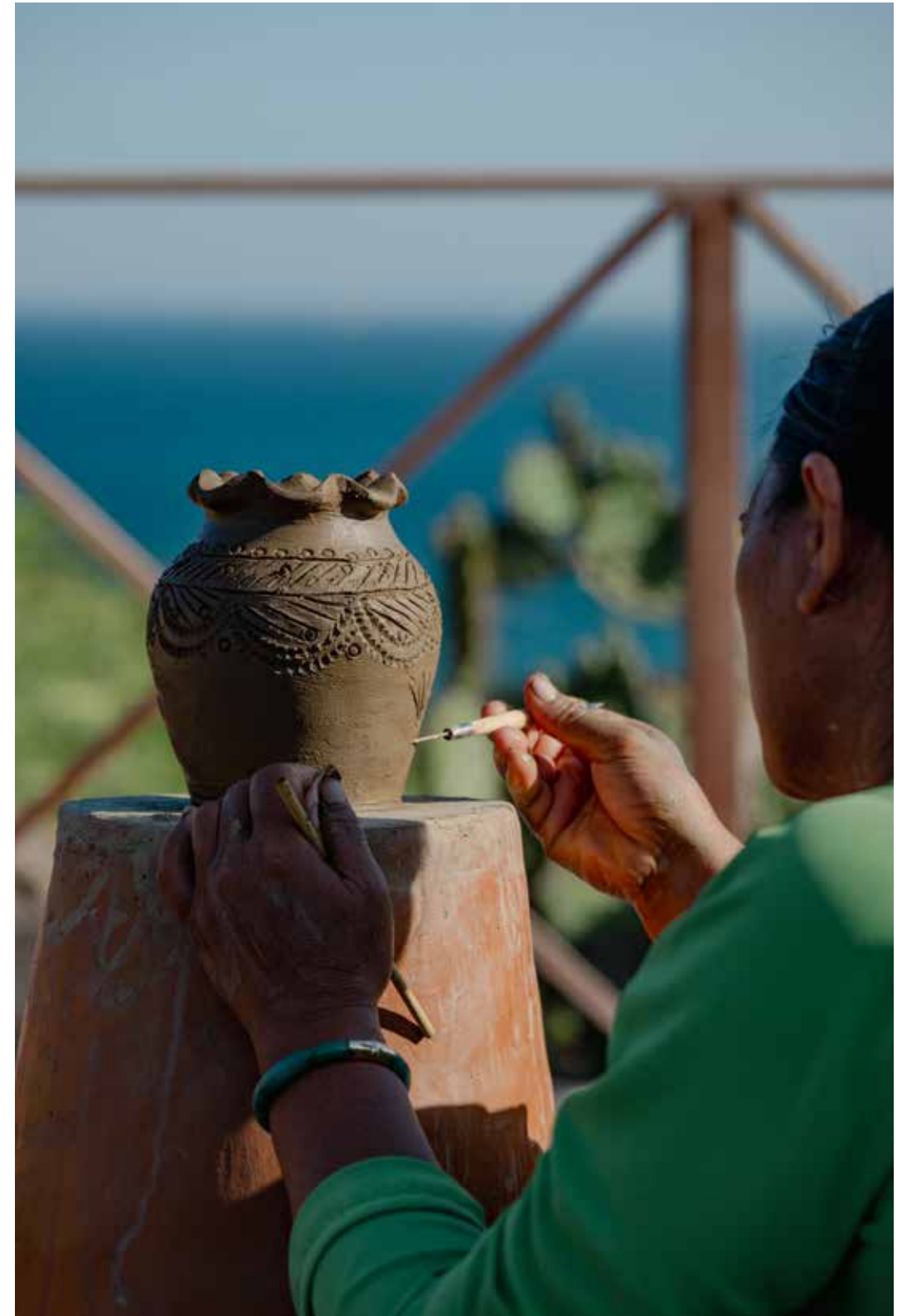
Salt Farm Visit

About 25 minutes away from Amanoï and along the way to Phan Rang city, the sea-salt farms of Khanh Nhon and Khanh Tuong are must-see attraction in the Ninh Thuan province. Known as the sunniest and driest area in Vietnam, Ninh Thuan's climate is ideal for salt production, with nearly 8 months of sunshine every year. The salt harvesting process, takes 7 to 10 days, resulting in large "rock salt" that can be used for fish fermentation or other purposes. During a good season, the annual production can reach 3,000 tonnes. Visitors can meet and talk to Mr Hon, one of the farm owners, who can provide insight into local salt farming.

The activity is subject to seasonability. At least 24-hour booking in advance is required. Recommended visit time is from 6.00 to 8.00am.

Vinh Hy Fishing Village Visit

The sleepy fishing village of Vinh Hy is located on the edge of Nui Chua National Park. Most of the families living here have been fishing for generations. The town is very quiet during the day because the fishermen venture out to sea late in the afternoon, seek their catch throughout the night, return to the bay at dawn and sleep most of the day.



Thai An Village Cycling Trip

Our Thai An cycling tour begins at the National Park museum, before we take a slow ride along the coast, veering towards Thai An village through traditional vineyards.

Once in the village, we stop at Ngoc Nga Café for a refreshing lime juice or iced ginger tea, and continue to pass the local school and the morning markets.

Our final stretch is back to the National Park museum where our driver awaits with cold towels, ready to bring you back to Amanoï. For guests who still have energy to burn, there is a 30-minute uphill cycle back to Amanoï.

Recommended for children 12 and up and for guests with a medium to high fitness.

Tour departs at 6.30-7.00am or 4.00pm and takes between 60-90 minutes, depending on the guest. Advance 24-hour booking is required.

Nha Trang and Po Nagar Temple Day Trip

This is a full-day tour, driving north towards Cam Ranh Airport, stops first at Po Nagar Temple, then goes on to the Mountain Church, before a light lunch at the Sailing Club on the beach in Nha Trang and finally an opportunity for a shopping at a local street, which turns into a vibrant night market every day from 4pm.

About 8 to 10 hours.





Art Experiences

Painting Class

Located amid nature, Amanoi is the place for creative inspiration. This session takes place in one of Amanoi's most iconic spots: the Rock Studio. Our professional local painting teacher will guide you through the basic steps from how to use the brush to mixing colours and different painting techniques. At the end, take your piece home as a memorable souvenir.

The session is 1.5 to 2 hours privately with a teacher. Location to be confirmed upon booking.

Fine Art Photography Exhibition

"From the moment I arrived at Amanoi I realised just how incredibly peaceful it was here. From my early morning walks to capture the sunrise to the final moments of light each day, there was something magical about the property as it is so perfectly fused with nature. I wanted the prints in the collection to allow guests to instantly transport back to their time at Amanoi and feel that peace at their home or office."

This is how John Kincaid found the inspiration for his permanent print exhibition at Amanoi. As his first impression and the feeling throughout his stay at the property, 'peace' is chosen as the theme.

Complimentary.
All prints in this collection are limited edition.
The exhibition is displayed in Amanoi's library.

About the artist:

John Kincaid is a fine-art photographer specialising in landscape and underwater prints. Kincaid Galleries establishes galleries in the most exclusive resorts in the world, each showcasing prints captured from the region.



Evening Activities

Star Gazing

Being in the heart of Nui Chua national park, we are fortunate to be able to enjoy the night sky free from light pollution. Journey out across the universe to visit star systems, star clusters, nebulae and distant galaxies. See ancient craters scattered across the moon, discover Saturn's rings and watch Jupiter's moons. We will show you how to use the telescope to observe the sky and find your favourite star.

Approximately 2 hours, recommended from 8-10pm. Weather permitting. Complimentary for children under 6.

A Night with the Stars

An outdoor star-lit movie night by the Cliff Pool is a unique way to spend your evening. There is no better place to see your favourite movie stars than under a sky full of stars. Enjoy this memorable experience with your family and friends in Amanoi's beautiful natural setting.

Food and beverages are available on request. Additional charges may apply. Weather permitting. Please contact your Guest Assistant to request for more than 6 guests.



Wellness Activities

Daily Morning Wellness Class

Get active, refresh your mind and body, and begin a new day with our wellness class. Every morning, our specialists will guide you through a one-hour session from gentle movements in different schools of Yoga (Yin, Ashtanga or Hatha), Meditation and Pranayama, Tai Chi or Qi Gong to intense workouts and Pilates.

Classes are rotated with different activities every week.

Complimentary.

Daily at 8.00am at Amano Spa.
Please refer to the Wellness Class Schedule or dial 2 for more information.

Half-Day Spa Programme

Encompassing a rewarding movement session, revitalising spa treatment and concentrated time out, Amano's Half-Day Spa Programme grants you the gift of time and expert attention.

- 60-minute movement session (Yoga, Tai Chi, Qigong or Personal Training);
- 60-minute hydrotherapy experience;
- 90-minute body treatment;
- Healthy lunch in the Spa's relaxation sala or the main Restaurant.

For additional treatments, please refer to the Spa Menu.



Fitness and Sports

Archery

Situated in the Beach Club, Amanoi's archery field is cooled by the ocean breeze of Vinh Hy bay. Archery is a popular sport, dating back to the 15th century. This activity is great for improving focus, coordination and balance, and building stability and physical strength. For beginners, our Activity attendant will show you the basic steps of how to use a bow and arrow, and the way to aim efficiently.

Archery is suitable for adults and children from 12 years old and above. Our Activity team will accompany guests during the session to assist and ensure safety.

Complimentary.

Tennis

The Tennis Courts are located by the main entrance to Amanoi and are complimentary for guests. The courts are floodlit and suitable for day or nighttime use. Our Activity Team can arrange all equipment and find a tennis partner for you.

24-hour booking in advance is required.

Running Circuit

Trails around Amanoi are perfect for early morning or late afternoon runs. Design your own circuit:

- Main Gate to Beach Club - 1.1 km
- Beach Club to Central Pavilion - 1.5 km
- Central Pavilion to Beach Club - 0.9 km
- Main Gate to Central Pavilion - 1.7 km

Golf (off-site)

An hour and 45 minute drive from the resort, the Diamond Bay Golf Course lies between the mountains and the sea. The 76-hectare 18-hole championship golf course was designed by Andy Dye. Natural marshes, majestic pines and sand dunes contrast sharply with the lush fairways.





Activities for Kids

Coconut Leaf Artwork

In our region, local children have grown up learning how to make their own toys out of coconut leaves. With just a little guidance and a few simple tools your kids will soon be weaving their own magic as they learn how to make birds, grasshoppers, fish and many other shapes with the simple coconut leaf.

Complimentary. At the tennis pavilion.

Fishing

Fishing is a great outdoor activity for kids. Our Activity attendant will help teach them catching techniques and make sure they have a great time. This is a great way to train their patience, increase their appreciation of nature and unplug from modern technology.

Complimentary. At the lake.

Beach Volleyball

Get the kids active with a game of beach volleyball. Our Activity team will show your kids how to play this fun game. Please advise your Guest Assistant in advance if your kids would like to play.

Complimentary. At the Beach Club.
For ages 10 and up.

Movie Night

Our Activity team will select some suitable movies for your little ones. Popcorn, cookies and fruit juices are available on request.

Complimentary. In the library.

Art and Crafts

All our kids' crafts are quick and easy, require minimal equipment and materials, and offer satisfyingly instant results – because we know that kids like to be able to see the fruits of their labour within minutes. Example activities are picture-frame making, gel-candle making and stone painting.

Complimentary.

Fun and Games

There's a great selection of fun Board Games for children in our Library in the Central Pavilion. Our Activity team will show your kids how to play, and play with them too if needed. A great way for your children to meet other kids staying at the resort. Please contact your Guest Assistant to set this up.

In the library. Complimentary.



Vinh Hy Fishing Village Visit

Children will be captivated by the local fishing village of Vinh Hy, where families have been fishing for generations. During the day, the village is quiet as the fishermen tend to their nets and boats, while the women take care of household chores and tend to the family's market stalls. In the late afternoon, the fishermen head out to sea, returning at dawn after a night of fishing.

Complimentary for kids under 12 years old.

Jungle Master Games

Located in the jungle of Amanoi, the Jungle Master Games offer a series of outdoor games for families, children and groups of friends. These games require physical dexterity and strategy, making them fun and challenging. It is best to play in teams to compete with each other.

Our Activity team is always available to assist you. Complimentary.

Cooking Class

Children can join our cooking class to learn how to make Vietnamese rice paper rolls, pizza or the chef's delicious cookies. For more information and booking, please refer to the 'Dining experiences at the Rock Studio' or contact your Guest Assistant.

Suitable for children from 5 to 11 years old. Advance 3-hour booking is required.





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